



GYG'S MOST POPULAR

SPICY CHICKEN GUERRERO BURRITO

Grilled chicken in GYG's Guerrero marinade with Pico de Gallo and Tomatillo salsa, rice, vegetarian black beans and cheddar cheese, rolled in a flour tortilla.

\$10.50

BARRAMUNDI BURRITO BOWL

Grilled Barramundi in GYG's Guerrero marinade with Pico de Gallo salsa, rice, vegetarian black beans and cheddar cheese, served in a bowl.

\$10.50

PORK CHIPOTLE BURRITO (SPICY)

Slow roasted pork in GYG's spicy chipotle marinade with Pico de Gallo and Tomatillo salsa, rice, vegetarian black beans and cheddar cheese, rolled in a flour tortilla.

\$10.50

GYG'S FAMOUS NACHOS

Corn chips, cheddar cheese, vegetarian black beans, Pico de Gallo salsa, guacamole and FILLING.

\$10.50

STEP 1: PICK A STYLE

BURRITOS & BOWLS

Rice, cheddar cheese, vegetarian black beans, salsa and FILLING. Rolled in a soft tortilla or served in a bowl (for a gluten free option!!).

REGULAR BURRITOS AND BOWLS \$10.50

Add Guac: +\$2.00

Add whole wheat tortilla: +.50c

'MINI B' BURRITOS \$6.50

Add Guac: +\$1.00

SOFT OR HARD SHELL TACOS

Soft corn tortilla or hard shell (with cheddar cheese) tacos, vegetarian black beans, salsa and FILLING.

ANY 2 TACOS \$8.50 OR 3 FOR \$10.50

Add Guac: +\$2.00

QUESADILLAS (AVAILABLE AT SELECTED LOCATIONS)

Grilled soft corn tortilla, melted cheddar cheese, salsa and FILLING.

ANY 2 QUESADILLAS FOR \$7.50

OR 3 FOR \$10.50

Add Guac: +\$2.00

CHEDDAR CHEESE QUESADILLAS

2 FOR \$5.00

Add Guac: +\$2.00

GYG'S FAMOUS NACHOS

Corn chips, cheddar cheese, vegetarian black beans, Pico de Gallo salsa, guacamole and FILLING. **\$10.50**

GYG'S GRILLED CHICKEN OR STEAK SALAD

Mixed leaf lettuce, corn, cucumber, Pico de Gallo salsa and vinaigrette dressing.

\$10.00

KIDS PICK

THE "LITTLE GUY" BURRITO

"Mild" Chicken Guerrero or Beef Guerrero with rice and cheddar cheese rolled in a soft tortilla. **\$5.00**

CHEDDAR CHEESE QUESADILLAS

Grilled soft corn tortilla with melted cheddar cheese. **2 FOR \$5.00**

SIDES

Guacamole & corn chips	\$5.00	Corn Chips	\$2.00
Pico de Gallo salsa & corn chips	\$5.00	Rice	\$3.00
Tomatillo salsa & corn chips	\$5.00	Vegetarian Black Beans	\$3.50
		Guacamole (100ml)	\$3.00

DRINKS

Soft drink cans	\$2.50	Water, Bottle	\$2.50
Pepsi, Pepsi Max, Solo, Schweppes, Lemonade, Mountain Dew, Sunkist		600ml Bottles	\$3.50
		Pepsi, Pepsi Max, Solo	

FULLY LICENSED! DINE IN STORE AND TRY GYG'S FROZEN CLASSIC MARGARITA AND IMPORTED MEXICAN BEERS AVAILABLE AT SELECTED LOCATIONS

DO YOU KNOW HOW DELICIOUSLY HEALTHY GUZMAN Y GOMEZ IS?

Guzman y Gomez (GYG) is authentic Mexican cuisine that combines an amazing array of choice cut beef, pork, chicken and fish, vegetarian black beans, rice and fresh vegetables such as chillies, tomatoes, capsicums, onions and avocados.

We use restaurant quality tri tip rump steak and chicken thigh filets that are marinated over night and grilled to perfection. Our beef and pork are slow roasted for 13 hours until pull apart tender.

The Pico de Gallo salsa and guacamole are prepared in store daily using fresh local produce.

GYG's burritos are the perfect balance of protein, carbohydrates and fibre to keep you full and energised. Tacos and quesadillas are made with fresh soft corn tortillas which are gluten free, high protein and low sodium.

Our menu, (which is made to order, so leave out what you don't want!) is fast, delicious and healthy...

A great source of protein, low fat, low GI ingredients, low sugar, gluten free, lactose free AND guilt free!! So you can enjoy GYG everyday!

CORN TORTILLAS

Gluten free and high in amino acids

MEAT AND FISH

Hi protein, high in beneficial fats, vitamin b12 and iron.

CHILLI

Improves blood circulation and metabolism

GUACAMOLE

Beneficial fats, boosts metabolism and lowers blood pressure

PICO DE GALLO SALSA

Lowers cholesterol, full of antioxidants and helps prevent heart disease

VEGETARIAN BLACK BEANS

High protein, low fat and hi fibre

ORDER ONLINE!

www.gyg.com.au

OFFICE CATERING NOW AVAILABLE

AMEX, VISA & MASTERCARD ACCEPTED

FOR ALL STORE INFORMATION AND LOCATIONS VISIT:

WWW.GYG.COM.AU

